



Artemis in the City, LLC
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Fact Sheet

Company

Artemis in the City, LLC is a national holistic nutrition services company that is dedicated to providing personal support and health counseling to anyone who would like to make positive lifestyle changes to feel good, lose weight, heal from illness, make better food choices and create a balanced healthy life.

Mission

Our mission is to provide holistic health and natural whole foods nutrition support services that educate and empower people to – take control of their own health and well-being; make better health choices; prevent or reverse disease and create a balanced life filled with good health, happiness and love.

History

Artemis in the City, LLC was founded by Danielle Heard, MS, HHC, Certified Holistic Health Counselor and Certified Natural Whole Foods Chef. In 1996, at the age of 28, Danielle was chronically ill. That year she saw over 20 different physicians and eventually was diagnosed with fibromyalgia and connective tissue disease. After trying numerous medications and gaining 20 pounds, nothing helped her regain her health. Determined to get well, Danielle began to lead a natural whole foods lifestyle diet. Within two months of changing her diet, all of Danielle's severe arthritic symptoms were gone. By the end of two years Danielle was completely well, had lost the weight and was full of new life and energy. Successfully healing herself of connective tissue disease and fibromyalgia forever changed her relationship with food. She firmly believes in the healing properties of natural whole foods and is dedicated to helping people make better health choices in order to improve their health and prevent disease.

With more than a decade of experience in natural health as well as work in the field of communications, Danielle provides holistic health and nutritional services that are designed to educate and support people who want to improve their health, prevent disease and live life to the fullest.

- ☞ Artemis in the City, LLC was founded on June 10, 2007 in New York, NY
- ☞ Artemis in the City, LLC was relocated on November 28, 2008 to Longview, TX

Services

Health counseling sessions are conducted via telephone anywhere within the United States. In-office sessions currently available in Longview, Texas. International counseling services can be arranged.

- ☞ Holistic Health Counseling (Individual, Couples & Partners, Parent & Mature Child, and Group)
- ☞ Health Lectures, Events and Cooking Classes
- ☞ Whole Foods Consulting
- ☞ Health Writing

Executive Management and Media Relations Contact

Danielle Heard, MS, HHC, Founder and Executive Director